

# 2019 **COURAGE TO QUIT**<sup>®</sup>



**January 7, 14, 21, 28**  
**February 4, 11**



The Skokie Health Department is offering “**Courage to Quit**”, a six week program designed to help you quit smoking. The classes will be held Monday evenings at 7 p.m. at the Skokie Village Hall, 5127 Oakton St. Residency is not required.

There is a \$15 fee for the entire program and advance registration is required. For more information or to register for the program, please call (847) 933-8252



Skokie Health Department  
5127 Oakton Street, Skokie, IL 60077  
(847) 933-8252