

2019

COURAGE TO QUIT



November 4, 11, 18
December 2, 9, & 16



The Skokie Health Department is offering “**Courage to Quit**”, a six week program designed to help you quit smoking & or vaping. The classes will be held Monday evenings at 7 p.m. at the Skokie Village Hall, 5127 Oakton St., Skokie, IL 60077. Must be 21 yrs & older. Residency is not required.

There is a **\$15 fee** for the entire program and **advance registration is required.** For more information or to register for the program, please call (847) 933-8252



Skokie Health Department
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