

What is the Road Home Program?

The Road Home Program offers specialized mental health care and social service programs that help military veterans and their families make a healthier transition to civilian life.

To date, more than 500 veterans have been treated for a range of issues related to military service, including post-traumatic stress disorder (PTSD), military sexual trauma (MST), traumatic brain injury (TBI), depression, anxiety and other psychological and emotional needs.

Why is the Road Home Program needed?

The Road Home Program helps fill gaps in mental health care not provided by the Veterans Administration (VA). Services at the Road Home Program are provided regardless of the veteran's discharge status or ability to pay.

Family members are typically not eligible for VA benefits. But evidence proves that including spouses and children in therapy and counseling greatly aids the transition to civilian life.

We define family the way you define family: spouses, partners, children, parents, siblings, caregivers and support people receive support and counseling regardless of whether their veterans choose to receive care at this time.

Intensive Outpatient Program

As a member of the Warrior Care Network™, the Road Home Program offers an Intensive Outpatient Program (IOP) for veterans who need extra care, but are not wounded enough to require hospitalization.

The IOP is a three-week, individualized treatment program that connects veterans to individual and group therapy with a daily regimen of physical fitness, stress-reduction training, wellness practices, nutritional education and mindfulness meditation.

Family and Couples Therapy

When a family member serves, the whole family serves. We provide a safe and supportive environment where you and your family can learn to communicate, cope with tough emotions and develop the tools needed to rebuild strong relationships.

Help for Children

Children are the most vulnerable victims of the invisible wounds of war. They often don't know how to process what's happening or handle the emotions that can arise when a family is under stress. We take the time to understand your child's unique situation and tailor our care to best serve his or her individual needs.

Caregiver Support

There is nothing selfish about taking care of yourself while you care for your veteran. By finding the support and resources you need, you will ultimately be doing what's best for your veteran, your family and yourself. We help family members and loved ones through the reintegration process with individual counseling and group support.

Survivor Counseling

The chance to meet with a skilled therapist who understands loss and trauma can help you answer questions, understand the emotions you are experiencing and gain the coping skills necessary to integrate the loss into your life and begin the process of healing.

Support Groups

The Road Home Program provides a safe and open environment where veterans, spouses, partners, family members, loved ones and close friends can meet to discuss issues related to reintegration and the re-establishment of relationships.

How is Road Home reimbursed?

Services at the Road Home Program are provided regardless of the ability to pay or the veteran's discharge status. The program is funded through philanthropic donations, primarily from the Wounded Warrior Project®.

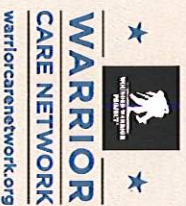
The Road Home Program is a team of nationally recognized experts trained in military culture and skilled in the evaluation and treatment of trauma-based disorders and injury. We understand what you're going through. Many of us are veterans ourselves, so we know the struggles of reintegration firsthand. Together we have helped hundreds of veterans cope with and heal from the invisible wounds of war and life, and we look forward to helping you.

Individual appointments:

- Psychological Assessment
- Post-Traumatic Stress Disorder
- Military Sexual Trauma
- Traumatic Brain Injury
- Moral Injury and Grief
- Anxiety
- Depression
- Medication Management
- Relationship Difficulties
- Anger Management
- Workplace Stress
- Sleep Difficulty

Educational classes and group support:

- Stress Management and Distress Tolerance
- Yoga
- Mindful Sobriety
- Art Therapy
- Do You Love a Vet?



The Warrior Care Network™ is a groundbreaking collaboration between Wounded Warrior Project® and its academic medical center partners Emory Healthcare, Massachusetts General Hospital, Rush University Medical Center and UCLA Health, to create a nationwide, comprehensive care network that will enhance access and improve treatment for veterans suffering from post-traumatic stress disorder (PTSD), traumatic brain injury (TBI), military sexual assault (MST) and other related conditions.



Rush is an academic health system comprising Rush University Medical Center, Rush Copley Medical Center and Rush Oak Park Hospital.

To make an appointment:

Call (312) 942-8387 (VETS) or email us at team@roadhomeprogram.org

We are located at:

1645 W. Jackson Blvd., Suite 602
Chicago, IL 60612

Easily accessible by public transportation. Parking is available across the street.

Road Home Program



Care and support at The Center for Veterans and Their Families at Rush University Medical Center

