Highlights of the 2023 Skokie Community Health Assessment

These data sets are highlights of the Skokie Community Health Assessment conducted by the Village of Skokie – Health and Human Services Department. Please contact Liz Nelson with any questions, liz.nelson@skokie.org or 847-933-8494. (609036)
### Skokie Age Ranges
(Source: US Census Bureau)

<table>
<thead>
<tr>
<th>Age</th>
<th>2014</th>
<th>% of Village</th>
<th>2020</th>
<th>% of Village</th>
<th>% Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under 5 Years</td>
<td>3,582</td>
<td>6%</td>
<td>4,438</td>
<td>7%</td>
<td>23.9%</td>
</tr>
<tr>
<td>5 to 14</td>
<td>7,880</td>
<td>12%</td>
<td>7,896</td>
<td>12%</td>
<td>0.2%</td>
</tr>
<tr>
<td>15 to 24</td>
<td>7,359</td>
<td>11%</td>
<td>6,699</td>
<td>11%</td>
<td>-9%</td>
</tr>
<tr>
<td>25 to 44</td>
<td>17,910</td>
<td>28%</td>
<td>14,065</td>
<td>22%</td>
<td>-21.5%</td>
</tr>
<tr>
<td>45 to 64</td>
<td>18,040</td>
<td>28%</td>
<td>17,515</td>
<td>28%</td>
<td>-2.9%</td>
</tr>
<tr>
<td>65 to 84</td>
<td>9,053</td>
<td>14%</td>
<td>10,915</td>
<td>17%</td>
<td>20.6%</td>
</tr>
<tr>
<td>85 and Older</td>
<td>1,368</td>
<td>2%</td>
<td>1,772</td>
<td>3%</td>
<td>29.5%</td>
</tr>
<tr>
<td>Total</td>
<td>65,193</td>
<td>100%</td>
<td>63,300</td>
<td>100%</td>
<td>-2.9%</td>
</tr>
</tbody>
</table>
% of Foreign-Born Residents By Census Tract
(Source: 2020 U.S. Census American Community Survey)

Nativity of Residents

<table>
<thead>
<tr>
<th></th>
<th>Skokie</th>
<th>IL</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>Foreign-Born</td>
<td>38%</td>
<td>14.2%</td>
<td>13.6%</td>
</tr>
<tr>
<td>Native-Born</td>
<td>62%</td>
<td>85.8%</td>
<td>86.4%</td>
</tr>
</tbody>
</table>

Among foreign-born residents in Skokie:
- 62% are Asian, including Middle East
- 20% are European
- 11% are Latin American
### Skokie Educational Attainment Differences by Nativity
(Source: 2020 U.S. Census)

<table>
<thead>
<tr>
<th>Education Level</th>
<th>Foreign Born</th>
<th>Native Born</th>
</tr>
</thead>
<tbody>
<tr>
<td>Less than High School</td>
<td>15.5%</td>
<td>3.3%</td>
</tr>
<tr>
<td>High School Diploma/Equivalent</td>
<td>21.1%</td>
<td>15.0%</td>
</tr>
<tr>
<td>Some College/Associates</td>
<td>21.6%</td>
<td>24.5%</td>
</tr>
<tr>
<td>Bachelor’s Degree or Higher</td>
<td>41.7%</td>
<td>57.1%</td>
</tr>
</tbody>
</table>

Educational attainment is an important marker to track because it can influence a person’s life and health, including their insurance status and income level.

### Skokie Educational Attainment Differences by Race/Ethnicity
(Source: 2020 U.S. Census)

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>High School Grad or Higher</th>
<th>Bachelor’s Degree or Higher</th>
</tr>
</thead>
<tbody>
<tr>
<td>White</td>
<td>94.5%</td>
<td>54.6%</td>
</tr>
<tr>
<td>Black</td>
<td>91.5%</td>
<td>33.6%</td>
</tr>
<tr>
<td>Asian</td>
<td>91%</td>
<td>58.8%</td>
</tr>
<tr>
<td>Hispanic</td>
<td>87%</td>
<td>25.7%</td>
</tr>
<tr>
<td>Other</td>
<td>95.1%</td>
<td>27.4%</td>
</tr>
</tbody>
</table>
% of Residents Living Below the Federal Poverty Level by Census Tract
(Source: Greater Chicago Food Depository and U.S. Census American Community Survey)

<table>
<thead>
<tr>
<th>Federal Poverty Level</th>
<th>2022 Income #s</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Family Size</strong></td>
<td><strong>2022 Income #s</strong></td>
</tr>
<tr>
<td>1</td>
<td>$12,880</td>
</tr>
<tr>
<td>2</td>
<td>$17,420</td>
</tr>
<tr>
<td>3</td>
<td>$21,960</td>
</tr>
<tr>
<td>4</td>
<td>$26,500</td>
</tr>
<tr>
<td>5</td>
<td>$31,040</td>
</tr>
</tbody>
</table>
What are your 3 most important health concerns?
(Source: 2022 Skokie Community Health Survey)

19 to 49 years
- Affordable and Healthy Foods
- Mental Health Problems
- Environmental Problems

50 to 74 years
- Aging
- Heart Disease and Stroke
- Cancers

75 and older
- Aging and Falls
- Heart Disease and Stroke
- Cancers
NorthShore University Health System: 
Key Health Indicators
Maternal, Infant and Child Health

The percentage of births with late or no prenatal care in the community has more than tripled over the last 10 years. Approximately, 13,000 births in Cook County and 1,200 births in Lake County had late or no prenatal care between 2017 and 2019. The percentage of births with late or no prenatal care for the CHNA community was 7.01% between 2017 and 2019 which is higher than the national average of 6.12%.

Indicators for Low Birth Weight and Infant Mortality indicate significantly higher rates for Non-Hispanic Black population.

Regional Data/Not Skokie Specific - NorthShore “Community” includes 54 zip codes within Lake County Cook Counties.
# Mortality Data

Sources: Department of Population Health, NYU Langone Health. City Health Dashboard. [https://www.cityhealthdashboard.com](https://www.cityhealthdashboard.com) and Illinois Department of Public Health.

## Cardiovascular Disease

<table>
<thead>
<tr>
<th></th>
<th>2017</th>
<th>2018</th>
<th>2019</th>
<th>2020</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skokie</td>
<td>131.6</td>
<td>130.3</td>
<td>138.4</td>
<td>145.5</td>
</tr>
<tr>
<td>Average Across 500 Cities in CDC Project</td>
<td>208.1</td>
<td>208.1</td>
<td>208.4</td>
<td>211.5</td>
</tr>
</tbody>
</table>

## Breast Cancer Deaths per 100,000

<table>
<thead>
<tr>
<th></th>
<th>2017</th>
<th>2018</th>
<th>2019</th>
<th>2020</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skokie</td>
<td>26.9</td>
<td>29.7</td>
<td>30.3</td>
<td>28.2</td>
</tr>
<tr>
<td>Average Across 500 Cities in CDC Project</td>
<td>24.3</td>
<td>24.2</td>
<td>24</td>
<td>23.6</td>
</tr>
</tbody>
</table>

## Opioid Overdose Deaths per 100,000

<table>
<thead>
<tr>
<th></th>
<th>2016</th>
<th>2018</th>
<th>2020</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skokie</td>
<td>8.4</td>
<td>7.7</td>
<td>11.1</td>
</tr>
<tr>
<td>Average Across 500 Cities in CDC Project</td>
<td>13.7</td>
<td>16.9</td>
<td>19.4</td>
</tr>
</tbody>
</table>

## COVID Deaths per 100,000

<table>
<thead>
<tr>
<th></th>
<th>2020</th>
<th>2021</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skokie</td>
<td>184.8</td>
<td>173.8</td>
</tr>
<tr>
<td>Illinois</td>
<td>130.2</td>
<td>90.2</td>
</tr>
</tbody>
</table>

## COVID Vaccination Rates

<table>
<thead>
<tr>
<th></th>
<th>Fully</th>
<th>At least 1-dose</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skokie</td>
<td>86%</td>
<td>92%</td>
</tr>
<tr>
<td>Illinois</td>
<td>74.7%</td>
<td>82.6%</td>
</tr>
</tbody>
</table>
Among Each Race Group, “Have you ever experienced discrimination in any of the following areas?”

Source: 2022 Skokie Community Survey
Among All Races, "What percent of your monthly income is spent paying for your home or residence?"

Source: 2022 Skokie Community Survey
% of Households by Census Tract Where ≥30% Of Household Income is Spent on Rent

54.1% of Skokie Residents Report Rent Burden

50.5% is the Average Across CDC 500 Cities Project
A healthy and extensive tree canopy within developed areas can mitigate the impacts of heat stress, water impacts, increased levels of precipitation and drought, and air quality impacts. “Urban forests” deliver a range of environmental, health, and social benefits. Shaded surfaces can be anywhere from 25°F to 45°F cooler than the peak temperatures of unshaded surfaces.

<table>
<thead>
<tr>
<th>Community</th>
<th>Tree Canopy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blue Island</td>
<td>21%</td>
</tr>
<tr>
<td>Deerfield</td>
<td>40%</td>
</tr>
<tr>
<td>Evanston</td>
<td>38%</td>
</tr>
<tr>
<td>Glenview</td>
<td>34%</td>
</tr>
<tr>
<td>Highland Park</td>
<td>49%</td>
</tr>
<tr>
<td>Oak Park</td>
<td>38%</td>
</tr>
<tr>
<td>Skokie</td>
<td>36%</td>
</tr>
</tbody>
</table>

Source: Chicago Region Trees Initiative
Food Access Analysis
Half Mile Access to Food Stores
Last updated: 11/7/2022

Legend
- Food Stores
- Census Tract
- Routes Half Mile to Store
- Route Buffer Half Mile to Store

Source: Village of Skokie
% of Residents who are Obese by Census Tract


Obese is defined as a Body Mass Index over 30

23% of Skokie’s adult residents report being obese

30.8% is the average across CDC 500 Cities Project
11.5% of Skokie’s adult residents report their mental health was not good for 14 or more days during the past 30 days.

14.8% is the average across CDC 500 Cities Project
Emergency Medical Services (EMS) data shows that mental health issues are relatively evenly distributed across all age and race groups in the Skokie community and is the 5\textsuperscript{th} most frequent reason for an EMS call.\textsuperscript{1}

When asked about the ease of receiving and accessing mental health services, 50.6\% of respondents stated that it was not easy to access these services compared to 20.8\% for accessing medical care.\textsuperscript{2}

Sources: 1) Skokie Fire Department; 2) Skokie Community Health Survey
## Youth Substance Use

<table>
<thead>
<tr>
<th>Youth Substance Use - Illinois Youth Survey (2020)</th>
<th>2019</th>
<th>2020</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Cook County - Non-Chicago</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Used alcohol during the past year</td>
<td>24%</td>
<td>45%</td>
</tr>
<tr>
<td>Used prescription drugs to get high during the past year</td>
<td>1%</td>
<td>3%</td>
</tr>
<tr>
<td>Used E-cigarettes in the past 30 days</td>
<td>8%</td>
<td>21%</td>
</tr>
<tr>
<td><strong>Lake County</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Used alcohol during the past year</td>
<td>22%</td>
<td>38%</td>
</tr>
<tr>
<td>Used prescription drugs to get high during the past year</td>
<td>2%</td>
<td>3%</td>
</tr>
<tr>
<td>Used E-cigarettes in the past 30 days</td>
<td>7%</td>
<td>20%</td>
</tr>
</tbody>
</table>

### Regional Data/Not Skokie Specific

Skokie has 66 tobacco retail establishments; 1 per 1,000 residents.